

## INVITATION

**The word is out..... There have been changes going on within the office. We are having a get together on Tuesday 6<sup>th</sup> July to let everyone find out for themselves what's been going on.**

**It will be a chance to meet Pat, the new member of staff and to find out the exciting opportunities we have to offer.**

**Refreshments will be available & we do hope you will come.**

**10:30am to 1:30pm – 21 Longrow South**

## Volunteer of the Year Awards

Every year, to celebrate all the volunteering that takes place throughout Argyll, AVA, in partnership with Argyll & Bute Council, hold an awards ceremony at Kilmory. A big well done to 2 local winners.



MOK Run – Campbeltown



Cyber Cafe - Islay

## **Steps to Excellence**

The next STEPS course, delivered through People Plus and funded by the Big Lottery is taking place. The course will be running from 28<sup>th</sup> June to 2<sup>nd</sup> July. We know from experience that STEPS is a fantastic tool in making people realise their potential and helps to develop positive thinking. It also encourages people to become active in their community. This course is fully booked now but if you are interested in any future courses then please let us know.

### **Volunteering Hotlist**

Kintyre Enviromental Group – outdoor craftworker / general gardener / handy person

Meals on Wheels – driver / helper

South Kintyre Credit Union – cash collector

## **Local volunteering opportunities.**

Call the office for more details – we can fill you in on the details – I hope one of these takes your fancy:

- ❖ Gardening help
- ❖ Helping out at the ‘Smoothie Bar’
- ❖ Helping out at events coming up
- ❖ Caterers
- ❖ Raffle stall supervisors
- ❖ Joining us on the MOK float

## **Third Sector Forum – Kintyre.**

The next meeting will be held on Thursday 2<sup>nd</sup> September. This is in room 5 at the Community Centre, 1pm to 3pm. All welcome.

*Argyll Voluntary Action, 21 Longrow South, Campbeltown PA28 6AH*

*Registered Charity No. SCO29947 - Company No. SC277345*

